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Rome Local Cuisine

A perfect carbonara is the cherry on top of a perfect experience in the city of Rome. This creamy egg-based sauce is dotted with pieces of succulent *quanciale* (cured pork jowl)

and a healthy dash of black pepper to balance the flavors.

Source: The Culture Trip The best way to whet your appetite before digging into a personal pizza is with fritti: deepfried goodies that are tasty, comforting and oh-so-satisfying. A classic choice is the suppli, a fried rice-ball mixed with ragù and mozzarella and cooked to perfection.

Source: <u>The Culture Trip</u>Though pizza was originally invented in Naples, the Roman version is thinner, crisper and lighter than its Neapolitan cousin. Again, flavours tend towards simple: many Romans opt for a classic margherita or add a pair of ingredients. For more oomph, order the *capricciosa* topped with prosciutto, mushrooms, olives and a hard-boiled egg.

Source: <u>The Culture Trip</u>In Rome, alongside cornetti (croissants) of various types, you'll also find the improbable maritozzo: a sweet bread roll filled with whipped cream. It is a sure-fire way to start your day with a healthy dose of calories to spur your sightseeing marathon.

Source: <u>The Culture Trip</u>Rome is home to thousands of gelateria selling scoops of classic flavours and whimsical originals. With such a glut, virtually every Roman has access to gelato en route to work or home, so it should come as no surprise that many locals enjoy this frozen treat on a regular basis.

Source: <u>BBC Good Food</u>