### Social Events

CONNECT, COLLABORATE, AND GROW YOUR NETWORK

# Get to Know Your Colleagues & Enjoy a Week of Networking & Yoga

# Join Us for a Week of Socializing!

Our social events offer a unique opportunity to network with fellow attendees, unwind after a busy day of sessions, and explore the vibrant city of Montreal. The opening ceremony and welcome reception will kick off the congress with a bang. Enjoy unforgettable moments and get to know your colleagues from around the world.

Sunday, October 15, 2023

#### Opening Ceremony

18:20-19:00

Venue, Hall 517

Open to all registered participants

Sunday, October 15, 2023

#### **Welcome Reception**

19:00-20:00

Venue, Exhibition Hall

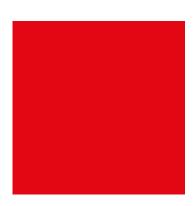
Open to all registered participants

Tuesday, October 17, 2023

#### **Neuronal Networking Night**

18:00-23:30 New City Gas

Ticket required, \$60 person



# Neuronal Networking Night

Get ready to mingle and make meaningful connections at the World Congress of Neurology networking event, happening at the vibrant cocktail hall of New City Gas. Sip on refreshing drinks, nibble on delicious light snacks, and engage in relaxed conversations with friends and colleagues.

■ October 17, 18:00 - 23:00

■ Ticket required, \$60 per person

Venue location: New City Gas

## Morning Yoga Sessions

Join us for a yoga class before the sessions & improve your focus!

#### About the Yoga Classes

Far from being just a workout routine, yoga is also a form of holistic treatment for various somatic and psychological disorders. With its emphasis on the attentive practice of physical movement, meditation, and breathing exercises, yoga is practised to calm the nervous system, focus the mind, and develop greater self-awareness. Explore these benefits at WCN 2023.

<u>Learn more about the yoga teacher's studio</u>.

Dates: October 15, 16, 17 & 18

**Time:** 08:00 AM - 09:00 AM

Location: in the venue

Price: \$5 per day per person per session\*

Registration: part of the Congress registration process

Yoga Mats: Please bring your personal yoga mat if possible.

\*The money collected from the yoga class sessions will be donated to charity.

